WeCAN and LiveWell Colorado Potluck Dinner

Join WeCAN and LiveWell Colorado at 6:00 pm, August 10, 2010 for a potluck dinner. Bring one of your favorite recipes or something fresh from the garden to share. The general membership meeting for August will follow at 6:30 pm.

LiveWell Colorado (www.livewellcolorado.org/) is a nonprofit organization dedicated to inspiring healthy eating and active living. LiveWell aims to provide every Coloradan with access to healthy foods and opportunities for physical activity in the places they live, work, learn and play. We are pleased to welcome LiveWell to the West Colfax neighborhood and welcome the opportunity for LiveWell to inform our community of their mission and to inform them of our healthy eating and active living needs.

Urban Gardening

One of the more visible urban gardens in the WeCAN neighborhood is at 14th and Osceola. Gardeners Barbara Baker and Don & Jonathan Austin waited out the delayed installation of a new roof for a late plant but are now pleased with the growth of their efforts.

Among the anticipated harvest are butternut squash and the lesser known kohlrabi. Both the kohlrabi bulb and leaves are excellent in stir fry and other methods of preparation are being investigated.

Meet Neighbors & Help Your Neighborhood

WeCAN is growing by leaps and bounds. With 137 registered members (just since January of this year), WeCAN is fast becoming one of the largest Registered Neighborhood Organizations (RNO) in Denver County. With growth comes the responsibility of caring for neighborhood needs in a pro-active manner.

Two positions are open on the WeCAN Board of Directors:

1. Neighborhood Watch Committee Chairperson - position entails coordinating a police officer with groups of interested residents to organize Neighborhood Watch groups.

2. Garden Committee Chairperson - position entails gathering, coordinating and dispersing access to gardening resources to neighborhood residents who are interested in gardening.

Both of these positions would, also, involve attending a minimum of six board of directors meetings a year (one hour each) and regular attendance at general membership meetings.

If neither of these positions seems right for you, but you are interested in getting involved there are positions as Board Member At-Large available. These positions do not have specific committee responsibilities, but do give you the opportunity to be a part of the neighborhood leadership and contribute as your specific talents are needed.
Contributing a few hours a month to helping build a stronger community has endless rewards. West Colfax neighborhood is becoming a stronger and more vibrant area to live in as residents care and get involved.

For more information, call or email Barbara Baker, 303-257-9808, thanksb@comcast.net

New WeCAN VP Nominated

At the July 25 meeting of the WeCAN Board of Directors, Carmen Holston volunteered to fill the vacant Vice-President’s seat. A nomination and second quickly took place, so her name is on a ballot that will be voted on at the August 10 general membership meeting.

Holston has been serving on the newsletter distribution committee since WeCAN started publishing a monthly newsletter in January of this year. She and her three grown sons have not only distributed newsletters to a large area of our neighborhood, but have filled in when other volunteers have been sick or out of town. Carmen’s willingness to serve our community is greatly appreciated.

Denver Digs Trees Offers Free Yard Trees

Denver Digs Trees (www.theparkpeople.org) is offering FREE shade trees to residents of the West Colfax Neighborhood. There are six types of trees to choose from and all are well suited to grow here in Denver. Each resident can apply for up to two trees. The deadline for ordering trees is September 1, 2010 and trees will be available for pick-up and planting on October 2, 2010. This is a great opportunity to green up our neighborhood and provide shade for your yard.

For more information and an application, contact Denver Digs Trees at 303-722-6262 or at www.theparkpeople.org/Programs/DenverDigsTrees.aspx.

Urban Wildlife

Once again, a reminder that urban wildlife is just that: wild. Feeding wildlife reduces their natural fear of man and tempts the wildlife into behavior which leads to situations which we interpret as aggressive and unnatural. Such situations may result in harm to humans and/or the wildlife. DO NOT FEED THE WILDLIFE!

Complaints of problem wildlife may be filed with Urban Wildlife...303-340-4911 and/or Division of Wildlife...303-291-7227.

WeCAN Agenda

August 10, 2010, 6:00 pm

General Membership Meeting

Confluence Ministries, 1400 Quitman St.

Potluck dinner 6:00 to 6:30 pm

Call to order 6:30 pm

Denver Police Department, Officer Hicks

Announcements

Nomination and Vote on new officer & member of WeCAN Board of Directors

Presentation by LiveWell Denver and Rude Recreation Center

Question and Answer time with LiveWell Denver

Meeting adjourned

WeCAN Advertising Opportunities

Currently there are two different advertising opportunities with WeCan. The first is a yearly sponsorship on our website. For only $30 you can have a link to your webpage put on our sponsor page for the entire year!

The second advertising opportunity comes in the form of a newsletter sponsor. The monthly sponsor is responsible for printing the 1700 copy newsletter. The sponsor can either print in house or use a third party printing service. The newsletter sponsor will receive a business card size ad in the newsletter as well as a pot on our homepage under the “Featured Sponsor” spot. All advertising request can go to Jessnoe@wecandenver.org

August Newsletter Sponsor

Silver Stone Reality
Norm Solomon, Broker
Direct 303-883-8281